November 2025

BLACKHEATH SQUASH

NEWS & UPDATES

DOOR CODE CHANGING!

Please note that the door code is changing on the 2nd December 2025. An email will be sent to all "paid up" members advising them of the new code.

COURTS CLOSED FOR REPAIRS!

The courts will be closed on Wednesday 10th December 2025 to carry out repairs. They will reopen as soon as possible after repairs are complete. We apologise for any inconvenience this may cause members while these necessary repairs take place.

HANDICAP TOURNAMENT UPDATE SEMI-FINALS

Abhishek Jaywant (-18) is playing either Simon Haworth (-9) or Ashley Garrett (-12) in one of the semi-finals.

Ville Leppanen or Oliver Tillard to play Alex Booth in the other semi-final.

Finals: Sunday 7th December 2025 - 3:45pm



The top 3 improvers for last month all have some huge gains!

Tom Goode makes another of his regular appearances with another 20% growth to reach 1,215

Scott North's rise up the box leagues is reflected in SquashLevels with a 17% growth to 434

Isaac Priestley, another regular name, increases 7.7% to achieve 1,500

59 players registered a result in SquashLevels last month, which is a slight increase month on month. Don't forget to add your match scores to make your ranking more accurate.

A big thanks to **Dan Mogridge** for providing the monthly stats!

<u>SquashLevels</u> is very simple to set up and a great way to track your progress. If you have any questions or need help with <u>SquashLevels</u> please let us know: <u>info@blackheathsquashclub.com</u>

BOX LEAGUES



- 1. Abishek Jaywant
- 2. Ashley Garrett
- 3. Tom Goode
- 4. Ashley Kisnay
- 4. Tariq Rajwani
- 5. Scott North
- 6. Matt O'Shaughnessy
- 7. Chris French
- 8. Tomas Mannion
- 9. Alex Robbins
- 10.Sam Cumming
- 11. Florin Stoian
- 12. Frederick Bloy
- 13. James Hetherington
- 14. Gavin Marchbank

The next round of squash boxes finishes 11th January 2026

If you would like to join the squash boxes send an

<u>blackheathboxleague</u> @gmail.com

If you would like to join the Racketball Box League send an email to:

info
@blackheathsquashclub.com
blackheathboxleague
@gmail.com

Blackheath Squash Social What's App groups

We have set up a Blackheath Social Squash WhatsApp group for members to help find a playing partner. To help "match up" playing standards, please indicate which box you normally play in and/or your SquashLevels score, and if you don't play in the boxes or use Squash levels then go for beginner/intermediate/advanced.

We have also set up a Social Racketball WhatsApp group for our members who want to play racketball. Again please indicate your level of play using "beginner", "intermediate" or "advanced".

Racketball is great fun so if you want to give it a go just ask for a hit! How does squash compare to racketball? Squash is more intense and fast paced, while racketball offers a more accessible experience with longer rallies. It's a great work out and great fun!

If you would like to join one or both of these social WhatsApp groups drop an email to info@blackheathsqushclub.com

And we will send a link to join. Please indicate which group(s) you are interested in joining.

RACKETBALL BOX LEAGUE

Congratulations to Sam Grzesiak for coming top of the racketball box league that finished on 30th November 2025.

Sam accrued 34 points and played 8 out of possible 10 matches with the maximum 5 points in six of the matches played!

| Premier League | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | Total |
|------------------------|----|---|---|---|---|---|---|---|---|---|----|----|-------|
| <u>Daniel Mogridge</u> | 1 | | 2 | 5 | 5 | 5 | | | | | | 1 | 18 |
| Kevin Clark | 2 | 5 | | 5 | 5 | | 1 | | | 2 | 2 | 1 | 21 |
| Tae Catford | 3 | 3 | 1 | | 5 | 5 | | | | 1 | | 1 | 16 |
| Scott North | 4 | 2 | 1 | 3 | | 5 | | | 5 | | | 1 | 17 |
| Patrick McAndrew | 5 | 1 | | 1 | 1 | | | | | | | 1 | 4 |
| Alex Booth | 6 | | 5 | | | | | | | | | 5 | 10 |
| Jim Coventry | 7 | | | | | | | | | | | | |
| Ami Shpiro | 8 | | | | 3 | | | | | 1 | | 1 | 5 |
| Ian Waldock | 9 | | 5 | 5 | | | | | 5 | | 3 | 5 | 23 |
| Keith Bonsels | 10 | | 5 | | | | | | | 3 | | | 8 |
| Samuel Grzesiak | 11 | 5 | 5 | 5 | 5 | 5 | 1 | | 5 | 3 | | | 34 |

COURT 1 FLOOR BADLY MARKED

Court 1 showed clear shoe scuff marks from play on Tuesday or Wednesday during the week of 17 November 2025. If you used Court 1 on those dates, please check your shoes.

A reminder for all members: always wear non-marking court shoes on the courts. If you're unsure whether your shoes are non-marking, look for footwear labeled 'court shoes' as these are made for indoor sports like squash, badminton, tennis, or basketball.

While some trainers don't leave marks, others do, and you can't tell just by looking at the sole's color or appearance. When in doubt, opt for 'court' shoes when playing at the Club.



SQUASH DRILLS & TIPS

We have created a new section on our website where we will include links to videos and content that may help you improve your game.

Zero to Hero: Boast -Squash Technique For Beginners:

BOAST TECHNIQUE FOR BEGINNERS

Upcoming events and calendar

REMINDER:

Please make sure you add your opponent to your court bookings. If you bring a guest (maximum three times a year) please select your opponent as "Guest".





Comedy Corner

