

March 2025

BLACKHEATH SQUASH

NEWS & UPDATES

CLUB TOURNAMENTS 2025

Registration for the Club's 2025 tournaments is now open on the [MyCourts booking system](#).

If you would like to enter the any of the tournaments please register before the 9th March 2025.

Please note that the tournaments are not open for off-peak members.

The draws will take place the following week with the aim of starting the tournaments on the 17 March 2025 and playing them through April, May and June, with the finals night being held on Friday 27 June 2025.

The tournaments are:

Singles

(with a Plate tournament for those losing their first match)

Ladies Singles

Doubles

Over 45's Singles

Over 60's Singles

Racketball (Squash57)

With the exception of the Ladies Singles tournament all of the tournaments are open to members (except off-peak members).

A reminder that previous winners of the Club Tournaments going back over seventy years can be found on our website:

[Blackheath Squash Club Tournaments](#)

Any questions please email info@blackheathsquashclub.com



This month's SquashLevels biggest improvers!

- Samuel Adebisi tops the table with an improvement of 15.5% to reach 1,073
- Mylo Scurr has a similarly big jump of 14.4% to 746
- Jim Coventry also has double digit growth, moving 12.4% to 1,837

Eighteen people had an improvement in their ranking

A big thanks to Dan Mogridge for providing the monthly stats!

[SquashLevels](#) is very simple to set up and a great way to track your progress.

If you have any questions or need help with [SquashLevels](#) please let us know: info@blackheathsquashclub.com

SQUASH DRILLS & TIPS

We have created a new section on our website where we will include links to videos and content that may help you improve your game.

[DRILLS AND ROUTINES TO IMPROVE YOUR GAME](#)

[We thought that it's about time that we featured content from a female so this month Laura Massaro explains the concept of the 6th Corner Drop Shot.](#)

If you thought that there were only four corners on a squash court watch the video

The Rodmersham Women's Open 2025
One Day Graded Squash Tournament

Tournament Categories **Saturday 15th March 2025**

A Grade - Squash Levels: 2000 & above	• Entry Fee: £27.50 (includes tournament kit & vest)
B Grade - Squash Levels: 1200 - 1999	• All players are guaranteed at least three matches.
C Grade - Squash Levels: 700 - 1199	• Entries Closing Date: Sunday 9th March 2025
D Grade - Squash Levels: 300 - 699	• Host Club: Rodmersham Squash & Fitness Club
E Grade - Squash Levels: 100 - 299	• Baites Lane, Rodmersham, Strington, MK3 9PR
F Grade - Squash Levels: 0 - 99	For more information, please contact:

Richard Sturtell | info@rodmersham.com | 07465 14859
Lisa Major | info@rodmersham.com | 07465 14859

Enter online at: www.cmstringers.com/entry

THE CLUB FITNESS SQUASH LADIES

The Brighton Squash Open 2025
One Day Graded Squash Tournament

Saturday 29th March 2025

Tournament Categories

A Grade - Squash Levels (5000 and above)
B Grade - Squash Levels (2600 - 4999)
C Grade - Squash Levels (1200 - 2599)
D Grade - Squash Levels (400 - 1199)

Enter online at: www.cmstringers.com/entry

Entries closing date: Sunday 23rd March 2025 Entry fee: £27.50 (includes vesting)

Host club: Wyndham Sports Complex, Turgate Lane, Brighton, East Sussex, BN1 5JD

For more information, please contact: Naomi Meredith: 07544 212802 naomimeredith@bt.com

