

November 2024

BLACKHEATH SQUASH

NEWS & UPDATES

BLACKHEATH WIN THE LEAGUE, THAT’S THREE PROMOTIONS IN A ROW!

Blackheath First Team ran out winners of Summer League Three in the North West Kent Summer league and are promoted for the third time in a row!!

A shout out to all those members that played for the first team over the summer, and who helped the team win Division Three, well done and good luck for the Winter League in Division Two!

Division 3: Summer League 2024

Home | Division List

	Team		P	W	L	D	F	A	Pen	Total
1	Blackheath 1		14	10	4	0	184	88	0	184
2	Poult Wood 2		14	10	4	0	172	106	0	172
3	Bromley LTC 1		14	8	6	0	160	121	0	160
4	Maldstone 1		14	9	5	0	147	129	0	147
5	Bexley Park 1		14	6	8	0	134	150	0	134
6	Bexley 4		14	6	8	0	110	146	0	110
7	Knole Park 1		14	5	9	0	103	175	0	103
8	Canterbury 1		14	2	12	0	89	184	0	89

Here’s the roll call of heroes that played for the First Team this summer, in order of appearance:

Olly Ruff, Abhishek Jaywant, Alex Booth, Ashley Garrett, Bruce Mackintosh, Gabor Bary, Jonathan Taubert, Jonathan Critchley, Samuel Grzesiak, Simon Ruff, Rowan Moss and Daniel Enaholo! Take a bow gentlemen!

Special thanks go to Jonathan Critchley for managing the First Team team over the last three seasons, and a big welcome to Olly Ruff who takes over as the first team captain!



- Samuel Adebiji was the biggest improver this month with a massive 73% improvement from 327 to 564. If Samuel carries on improving at that rate he will be a pro in 3 years!
- Alex Booth improved by 24% to a new high of 3,525.
- Mylo Scurr also improved by 10.5% to move from 591 to 635.

Nineteen people in total improved month on month, and a way to do this seems to be to play in some of the tournaments that are organised by [Joe Magor/CM Stringers](#). Link your league results from the [MyCourts](#) system to [SquashLevels](#).

[SquashLevels](#) is very simple to set up and a great way to track your progress. If you have any with [SquashLevels](#) please let us know: info@blackheathsquashclub.com

BOX LEAGUES

Congratulations to the last box league winners!

- Alex Litten
- Jim Coventry
- Isaac Priestley
- Oliver Tillard
- Matej Urbas
- Omar Badr
- Samuel Adebisi
- Tomas Mannion
- Scott North
- Terry Hosten
- Tom Slade
- Noah Watkins
- Jamie Savage
- Patrick McAndrew

This will be the last round of boxes to be competed in 2024!

If you would like to join the boxes send an email to

blackheathboxleague@gmail.com

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REMINDER

A reminder that the Committee are hosting a 'Meet the Committee' evening on Wednesday 6th November at 7.30pm in the small Pavilion Bar.

An informal event with the opportunity to meet them and chat about the club'

Please try and pop along

Balcony Refurbishment

The club recently comissioned improvement works to the upstairs viewing balcony, These comprised of taking out the old bar, kitchen and entrance vestibule, installing a new floor and ceiling, rewiring and installing new lights and power sockets, installing a new kitchen sink unit and an additional radiator, taking out the glass partions overlooking the squash courts and re-painting the balcony walls.

Your membership fees help us to continue to improve the club and courts, and we thank you for your continued support of the club.

Apologies for the inconvenience caused when we had to close the club for the works to take place, but we hope you will agree that we now have a much improved balcony viewing area:



A reminder or what it used to look like for those that haven't been upstairs for a while!



And below the major works that were undertaken in 2022



SQUASH DRILLS & TIPS

We have created a new section on our website where we will include links to videos and content that may help you improve your game.

[DROP SHOT PRACTICE](#)

In this video you get advice from three time World Champion and three time Commonwealth gold winner [Nick Matthew OBE](#) explaining the drop shot matrix and how to solo practice and improve your drop shots.

[PAVILION BAR](#)

The Pavilion Bar is open to Squash Club members. They show Sky and TNT sports and offer a range of food and drinks at reasonable prices. It's also a great place to hold your function or special event. Why not pop in after your game!



[Click here for the menu and details.](#)

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[Members can check out what's going on at the club, including the events calendar on our website "news" section click to view:](#)

[Upcoming events and calendar](#)

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Comedy Corner

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Oops!

